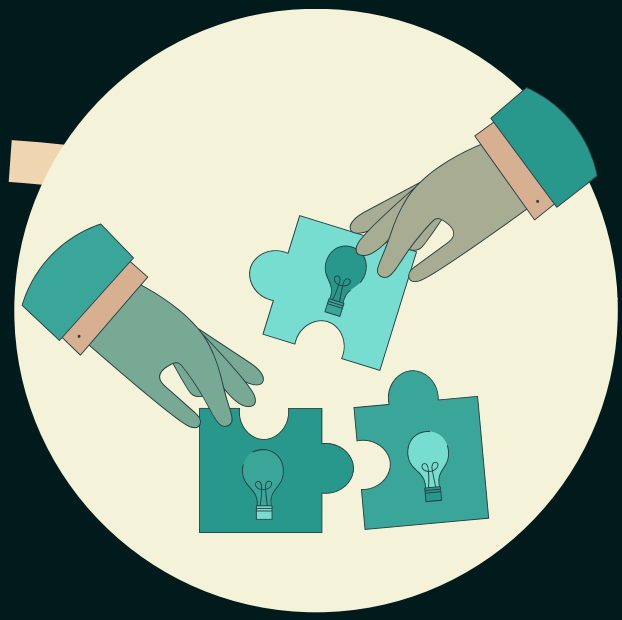


FOUR PERSPECTIVES OF THE MODEL



- How you see yourself
- How you would like to see yourself
- How others see you
- How others would like to see you

HOW TO USE THE MODEL



- Rate yourself on a scale of one to ten for each pair of dimensions.
- Mark where you aspire to be on each scale.
- Create your own axes to personalise the assessment.

PURPOSE AND COMPONENTS



- Purpose: Enhancing self-awareness and interpersonal understanding.
- Components: Four perspectives (self-view, ideal self-view, others' view, others' ideal view).

APPLICATION

- Leadership Development
- Team Building
- Personal Growth

COUNTERARGUMENTS



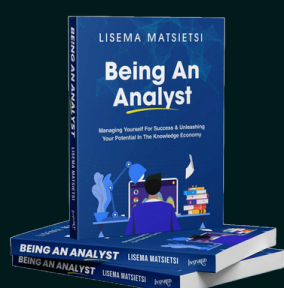
- Oversimplification of Human Behavior
- Lack of Empirical Validation
- Subjectivity and Bias
- Cultural Limitations
- Incompleteness in Addressing Complex Dynamics



Despite criticisms regarding, Uffe Elbæk Model have made it a widely used framework in leadership development, team building, and personal growth initiatives. While it may not fully address the complexities of human behavior and cultural differences, its flexibility allows for adaptation to various contexts and serves as a catalyst for meaningful conversations and self-reflection among analysts and teams alike.

A TOOL FOR SELF-REFLECTION UNDERSTANDING THE UFFE ELBÆK MODEL

Importance of self-awareness in analysis and professional growth.



“Contact data ages like fish, not wine ... it gets worse as it gets older, not better.”
— Gregg Thaler

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